



Name: _____

Date: _____

DairyMADE

Dairy Farmer's Do It All

Dairy Farmers have busy days beginning their day by milking the cow and ending their night the same way. They are in charge of many tasks on the farm and have different job roles they must complete. Match up all the job roles a dairy farmer has to take on with his To Do list each day!

To Do List

1. Clean and test the milking machines. _____
2. Mix feeds for the cows. _____
3. Examine newborn calves. _____
4. Collect sales data for dairy products sold. _____

Dairy Nutrition

Dairy is essential for our diet! It provides us with essential nutrients that feeds our body the energy we need for everyday activities.

Calcium	Essential for strong bones and teeth
Vitamin A	Essential for healthy eyesight and children's growth
Vitamin B12	Keeps blood healthy
Riboflavin	Releases energy from food
Protein	Contributes to growth and development as well as repairs body tissue
Potassium	Controls blood pressure
Magnesium	Essential for transferring energy to the body
Carbohydrate	Provides energy for the body
Zinc	Aids to healing wounds, and essential for the body
Phosphorus	Important part of mineral structure in bones and teeth

Job Roles

- A. Veterinarian
- B. Nutritionist
- C. Manager
- D. Technician

Unscramble Dairy Products

EHESEC _____

CIECAEMR _____

LKIM _____

GRTYOUU _____

REMAC _____

TUBETR _____

ELAGOT _____

EMZZLRLOAA _____

HPWIREMCA _____

Dairy Fun Facts!

Dairy farmers produce 246 million pounds of fresh milk per day.

A cow has 4 stomachs and 24 teeth!

In Massachusetts the average dairy farm has 119 cows

